

B.S. in Science, Biological Sciences and Health Professions Option

NOTES:

- Not all courses on these lists are offered at all campuses or during every semester. Be sure to have backup choices in case a course is not offered or open
- Please be aware of pre- and co-requisite requirements when selecting courses
- Courses on these lists CANNOT double count as Knowledge Domain Gen Eds (GA, GH, GHW, GN, GS) nor on multiple lists, but CAN double count as US or IL Cultures courses

***Courses with an asterisk may require application to a specific program and/or may not be open to all students**

List 1 Global, Social and Personal Awareness

AFAM 100 (GS; US) Living While Black: Themes in African American Thought and Experience (3)

AFAM/WMNST 101 (GH; US) The African American Woman (3)

AFAM/WMNST 102 (GH; IL) Women of Color: Cross-Cultural Perspective (3)

AFAM/SOC/WMNST 103 (US) Racism and Sexism (3)

AFAM 105N (GH/GS; IL) Afro-Latin America: Race and Revolution (3)

AFAM/BBH 302 (US) Diversity and Health (3)

AFR 110 (GS; IL) Introduction to Contemporary Africa (3)

AFR/SOC 209 (GS; IL) Poverty in Africa (3)

ANTH 1 (GS; IL) Understanding Humans (3)

ANTH 40 Biocultural Evolution (3)

ANTH 45N (GH/GS; US/IL) Cultural Diversity: A Global Perspective (3)

APLNG 200 (GH; IL) Introduction to Language, Culture, and Social Interaction (3)

ASIA 100 (GH; IL) What Is Asia? (3)

BBH 146 (GHW) Introduction to Health and Human Sexuality (3)

BBH 305 (IL) Introduction to Global Health Issues (3)

BBH 315 (US) Gender and Biobehavioral Health (3)

CMAS/HDFS/SOC 258 Introduction to Child Maltreatment and Advocacy Studies (3)

COMM/WMNST 205 (GS; US) Gender, Diversity, and the Media (3)

CRIMJ/EDUC/SOC 205N (GH/GS) Critical Race Theory in the Humanities and Social Sciences (3)

CSD 269 (GS; US/IL) Deaf Culture (3)

ENGL/WMNST 245 (GH; US) Introduction to Lesbian and Gay Studies (3)

GEOG 20 (GS; US/IL) Human Geography: An Introduction (3)

GEOG 30N (GN/GS; US/IL) Environment and Society in a Changing World (3)

GLIS 101N (GH/GS; IL) Globalization (3)

GLIS 102N (GH/GS; IL) Global Pathways (3)

HDFS 129 (GS) Introduction to Human Development and Family Studies (3)

HDFS 210Z (GHW) Ethnicity, Health and Aging (3)

HDFS/WMNST 250 (US) Sexual Identity over the Life Span (3)

HDFS 315 (US) Family Development (3)

INTAG 100 (GS; IL) Introduction to International Agriculture (3)

LER/WMNST 136 (US) Race, Gender, and Employment (3)

LTNST 100 (GH; US) Introduction to Latina/o Studies (3)

NUTR 175Z (GHW; US) Healthy Food for All: Factors that Influence What we Eat in the US (3)

PHIL 107 (GH) Introduction to Philosophy of Technology (3)

PHIL 110 (GH) Introduction to Philosophy of Science (3)

PLSC 123 (GS; US/IL) Ethnic and Racial Politics (3)

PLSC 132 (GS; IL) The Politics of International Intolerance (3)

PSYCH 231 (GS;US) Introduction to the Psychology of Gender (3)

PSYCH 232 (GS;US;IL) Cross-Cultural Psychology (3)

PSYCH 432 (US) Multicultural Psychology in America (3)

RHS 100 (GS; US/IL) Introduction to Disability Culture (3)

RLST 1 (GH;US;IL) Introduction to World Religions (3)

RSOC 11 (GS; US) Introduction to Rural Sociology (3)

SOC 1 (GS) Introductory Sociology (3)

SOC 5 (GS) Social Problems (3)

SOC/WMNST 110 (GS; US) Sociology of Gender (3)

SOC 119 (GS;US) Race and Ethnic Relations (4)

WMNST 100 (GS; US/IL) Introduction to Women's and Gender Studies (3)

WMNST 105N (GH/GS; US) Living in a Diverse World (3)

List 2 Teamwork and Interpersonal Communications

AEE 201 (GS) Interpersonal Skills for Tomorrow's Leaders (3)
*BBH 251 Straight Talks 1: Advanced Sexual Orientation/Gender Identity Peer Education (3)
*BBH 324 HealthWorks Peer Education Training (3)
*BBH 325 Health Promotions Training Course (3)
CAS/ENGL 162N (GH/GS) Communicating Care (3)
CAS 203 (GS) Interpersonal Communication (3)
CAS 208N (GH/GS) Introduction to Managing Conflict and Bargaining (3)
CAS 222N/CIVCM 211N (GH/GS; US/IL) Foundations: Civic and Community Engagement (3)
CAS 250 Small Group Communication (3)
CAS 252 Business and Professional Communication (3)
CAS 253 Health Communication (3)
CAS 271N (GH/GS; US/IL) Intercultural Communication (3)
CAS 404 Conflict Resolution and Negotiation (3)
CAS 453 Health Communication Theory and Research (3)
*EDSGN 100 Introduction to Engineering Design (3)
HDFS 216 Personal and Interpersonal Skills (3)
HDFS 287W (GH; US) Intercultural Community-Building (3)
*HIED 302 The Role of the Resident Assistant (3)
HPA 332 Health Systems Management (3)
HPA 430 Health Care Leadership (3)
PSYCH 221 (GS) Introduction to Social Psychology (3)
PSYCH 232 (GS; US/IL) Cross-Cultural Psychology (3)
PSYCH 423 Social Psychology of Interpersonal/Intergroup Relationships (3)
RHS 303 Group Work in Rehabilitation Practice and Human Services (3)
SOC 3 (GS) Introductory Social Psychology (3)
SOC 403 Advanced Social Psychology (3)
SOC 404 Social Influence and Small Groups (3)
*SOC 469 Techniques in Small Group Facilitation (3)

List 3 Healthcare/Medicine/Ethical Competencies

ANTH 21 (GN) Introductory Biological Anthropology (3)
ANTH 22 (GN) Humans as Primates (3)
*BBH 101 (GHW) Introduction to Biobehavioral Health (3)
BBH 119 (GHW) Behavior, Health, and Disease (3)
BBH 130 (GHW) Strategies for Addressing the Obesity and Diabetes Epidemics (3)
BBH 143 (GHW) Drugs, Behavior, and Health (3)
BBH/CRIMJ 150N (GHW/GS) Safe and Sound: The Intersection of Criminal Justice and Public Health (3)
BBH 203/PSYCH 260 Neurological Basis of Human Behavior (3)
BBH 210 Biobehavioral Aspects of Genetics (3)
BBH 301 Values and Ethics in Biobehavioral Health Research and Practice (3)
BBH/AFAM 302 (US) Diversity and Health (3)
BBH 305 (IL) Introduction to Global Health Issues (3)
BBH 315 (US) Gender and Biobehavioral Health (3)
BBH 368 Neuroanatomy, Behavior, and Health (3)
*BBH 390B Global Health Field Experience (6)
BBH 407 (IL) Global Health Equity (3)
BBH 410 Developmental and Health Genetics (3)
BBH 432 Biobehavioral Aspects of Stress (3)
BBH/HPA 440 (US/IL) Principles of Epidemiology (3)
BBH 446 Human Sexuality as a Health Concern (3)
BBH 451 Pharmacological Influences on Health (3)
BBH/NURS/WMNST 452 (US) Women's Health Issues (3)
BBH/WMNST 458 Critical Issues in Reproduction (3)
BIOL 125N (GN/GS) Society and Disease Management (3)
BIOL 145N (GA/GN) The Visual Body (3)
CAS 253 Health Communication (3)
CAS 453 Health Communication Theory and Research (3)
CMAS/HDFS 465 Child Maltreatment: Prevention and Treatment (3)
CMAS/NURS 466 Systems and Community Responses (3)
CSD 146 (US/IL) Introduction to Communication Sciences and Disorders (3)
ENGL 200 Introduction to Critical Reading (3)

FDSC 280 (GH) Food, Values, and Health (3)
HDFS 229 (GS) Infant and Child Development (3)
HDFS 239 (GS) Adolescent Development (3)
HDFS 249N (GHW/GS) Adult Development and Aging (3)
HDFS 301 Values and Ethics in Health and Human Development (3)
HIST 103 (GH; IL) The History of Madness, Mental Illness, and Psychiatry (3)
HIST/STS 124 (GH; US/IL) History of Western Medicine (3)
HIST/SC 125N (GH/GN) History of Infectious Disease and Epidemiology (3)
HPA 57 (GHW) Consumer Choices in Health Care (3)
HPA 301 Health Services Policy Issues (3)
HPA 310 Health Care and Medical Needs (3)
HPA 311 Population Health and Healthcare (3)
HPA 401 (IL) Comparative Health Systems (3)
HPA 420 Principles of Managed Care (3)
HPA 490 Physician Practice Management (3)
KINES 81 (GHW) Wellness Theory (3)
KINES 82 (GHW) Action Methods for Stress Management (3)
KINES 203 Medical Terminology for Allied Health Professionals (3)
*KINES 303 (GHW) Emergency Care – First Aid/Safety/AED (3)
*KINES 403 Emergency Medical Technology (4)
NURS 203 (GHW) First Aid and CPR (3)
NURS 407 (GHW) Drugs of Abuse and Mental Health Issues (3)
NURS 464 (US/IL) Dying and Death (3)
NUTR 251 (GHW) Introductory Principles of Nutrition (3)
NUTR 361 (US) Community and Public Health Nutrition (3)
NUTR 410 Eating and Weight Disorders (3)
NUTR 425 (IL) Global Nutrition Problems: Health, Science, and Ethics (3)
NUTR 451 Nutrition throughout the Life Cycle (3)
NUTR 452 Nutritional Aspects of Disease (3)
NUTR 453 Medical Nutrition Therapy (3)
PHIL 10 (GH) Critical Thinking (3)
PHIL 103 (GH) Introduction to Ethics (3)
PHIL 132 (GH) Introduction to Bioethics (3)
PHIL/STS 432 Medical and Health Care Ethics (3)
PSYCH 212 (GS) Introduction to Developmental Psychology (3)
PSYCH 270 Introduction to Abnormal Psychology (3)
PSYCH 412 Adolescence (3)
PSYCH 422 Human Sexuality (3)
PSYCH 441 Health Psychology (3)
PSYCH 462 Physiological Psychology (3)
PSYCH 470 Abnormal Psychology (3)
PSYCH 476 Child Psychopathology (3)
PSYCH 478 Clinical Neuropsychology (3)
PSYCH 479/WMNST 471 Psychology of Gender (3)
PSYCH 481 Introduction to Clinical Psychology (3)
RHS 300 Introduction to Rehabilitation and Human Services (3)
RHS 401 Community Mental Health Practice and Services (3)
RHS 403 Medical Aspects of Disability (3)
RLST 131 (GH) Introduction to Bioethics (3)
SC 201 Medical Professions (1)
SOC 210Z (GS) Social Determinants of Health (3)
SOC 211Z (GS) Health Inequality: Understanding the Geographies of Life and Death (3)
SOC 309 Sociology of Health (3)
SOC 451 (GS) Health, Disease and Society (3)